

## EXHIBITION STATEMENT

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# *Through my Eyes*

“We are all on this journey together” .....

This phrase personally sums up what I believe to be the heart and essence of this exhibition.

This body of work is testament to the powerful language of art; as an expression of oneself, the world in which one lives and of the infinite relationships one finds between the two.

Each project participant was issued with a disposable camera and a simple brief to capture the world through their own eyes. There were only two rules; to find in the world analogous images that expressed one's thoughts and feelings about themselves and to only press the shutter button when it felt right, rather than when one thought it was right to do so.

What evolved was a rich and insightful tapestry of imagery that blended seamlessly together to form one single powerful collective image representative of the human condition; our common humanity in which we all share and participate in.

Each artist bravely invited the viewer to enter, explore and reflect upon the personal vision that they have each presented. I ask of you, as a viewer to approach the works without bias, judgment or any other predisposition. Only then may you realise that the fundamental elements that are intrinsic to these works are more universal and archetypal in nature than they are projections of one's individualism or public persona.

The universal themes of loneliness and solitude. Our sense of connection and disconnectedness. Our yearning for love and for joy, acceptance and belonging. Our fears, trials and tribulations; our challenges and our struggles. They are all here present in this wonderful exhibition, an 'archive of the human self,' they are the universal themes each and every one of us can identify with. Each a piece in a jigsaw puzzle that when combined form a collective image of the human condition; to which we all belong. In producing their one piece each participant has successfully met their challenge as an artist.

There is a popular opinion that mental health problems somehow rob people of their personhood. This show and the many others that follow will hopefully serve to enlighten, awaken and challenge the source of this notion and remind the greater community of this group's continued humanity in the face of psychological and physical suffering.

We are all... on this journey... together

Vince Lovecchio, Curator